



## Coffee Bar & Health Oasis

Muffin	R 20
Assorted Sandwich	R 40
Deli & Whole Wheat Roll & Low GI	R 42
Filter Coffee	R 23
Tea	R 16
Cappuccino	R 28
Hot Chocolate	R 28

## The Kitchen Grill Menu

Bacon, Egg & Cheese Roll	R 46
Hot Dog	R 40
Cheese Dog	R 45
Beef and Chicken Burger	R 50
Beef and Chicken Cheese Burger	R 55
Boerewors Roll	R 44
Prego Roll – Chicken / Beef	R 58
French Fries	R 26
Meal of the Day	R 102
Pasta of the Day	R 102
Carvery of the Day	R 102
Gourmet Burger Selection	R 80
Gourmet Sausage Selection	R 56
Salad bar	R 44

## Southern BBQ Menu

Slow Roasted Pulled Pork Rolls	R 65
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## Poncho's Mexican Taco Menu

Beef / Chicken & Veggie Taco's	R 70 – 75
Nachos Plain / Beef / Chicken	R 65

## Beverages

Cold Drinks 300 ml / 440ml	R 22 - 24
Powerade / Iced Tea	R 26
Mineral Water	R 19
Fresh Fruit Juice	R 30
Local Beers	R 30 - 37
Spirit Coolers / Imported Beers	R 35 - 40
Wine by the bottle	R 135

## Snack Bar

Chip N Dip - Midi or Maxi	R 30 / 34
Doughnuts	R 30

## ANAT – Halaal Certified

Beef Shwarma	R 80
Chicken Shwarma	R 80
Lamb Shwarma	R 95
Falafel	R 60
Hand Made Chips	R 28

## Let's Veg – Guilt Free Junk Food

Vietnamese Summer Rolls	R 60
All Day Breakfast Burrito	R 70
Peri Peri Cauli Taco	R 90
BBQ Mushroom Taco	R 90
Veggie Burger	R 70
Zuccibni Fries	R 20
Cauli Pops	R 20

## Soul Bowls – Feed Your Soul

Boost your Day as you build your own bowl of delicious freshly prepared Superfoods	R 60 -70
Fruit Smoothies	R 30
Cold Pressed Juice	R 38
Fruit Shots	R 20

## Snack Stop & Ice Cream

Assorted Sweet & Savory Snacks, Ice Creams and Drinks

## Hot and Spicy Curry Den

Chicken or Beef Curry and Rice	R 90
Chicken or Beef Bunny Chow	R 90
Roti with Chicken or Beef Curry	R 65
Samosas	R 10

## Bubble Waffle

Design our Own Decadent Waffle	R 40 - 60
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## Caramelised Nuts

Cashew / Macadamia / Brazil and Pecan Nuts Roasted in Vanilla and Caramelised Sugar	R 30 - 50
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## FROTH Smoothies and Infused Juices

Smoothies, Latte's & Frappe'	R 40 - 50
Infused Juice	R 35 - 45

**Pricing and Menu Items may change without prior notice**